



Charlotte Latin

Junior Squash

&

Family Come 'n' Try

5660-C International Drive Charlotte, NC, 28270 phone: 704-817-9252

Squash – one of the most dynamic and fastest growing sports – is exploding. Named by Forbes magazine as the top ranked healthiest sport, squash is a great cardio workout that also provides ideal training for other sports. A lifetime sport, squash is a fun activity for everyone. For Juniors, the Ivy League and other top colleges place a strong emphasis on their squash programs and often give consideration to applicants who play squash.

Come'n'Try – Free to ALL - Sunday Oct. 18 @ 5:00 pm and Monday Oct. 19th @ 6:00 pm. Bring a friend, bring the family or come by yourself. Equipment will be provided, please wearing non-marking shoes (tennis shoes are fine)

Junior Squash - A junior squash program, will be held at Charlotte Squash Club for Charlotte Latin students from Nov. 3rd through Friday Feb 12th The program will emphasize squash techniques and strategies, fitness, sportsmanship, and mental preparation

Dates:

Winter, Nov 3 – Feb 12 (12 weeks)

Training Days: Tuesday and Thursday 4:30 – 5:30pm; League matches Fridays 6 matches over winter.

Cost per term for Junior Squash Program = \$325 (includes league matches).

Register & pay at: <http://charlottesquash.com/liability-payment-agreement-school-session/>

Equipment – can be supplied on the first day, racquet and goggles \$100 plus tax by emailing andrea@charlottesquash.com, put Charlotte Latin as subject.